Account Security on Twitter

Login and security

We encourage you to confirm that the email address and phone number associated with your account are correct. If not, update please them.

Use a strong password

We encourage you to use a strong password that you do not reuse on other websites. You should also create an equally strong and unique password for the email address associated with your Twitter account.

Two-factor authentication

We recommend you enable Two-factor authentication (2FA). 2FA provides an additional layer of security to protect accounts from unauthorized logins.

Password reset

We encourage you to enable password reset protection for your accounts. This is a setting that helps prevent unauthorized password changes by requiring an account to confirm its email address or phone number to initiate a password reset.

Connected apps

As a best practice, we encourage you to check your connected apps and revoke access from any apps that you no longer need or don’t recognize.

Tip

Be cautious of suspicious links (including those received in emails, text messages or DMs), and always make sure you’re on twitter.com or in our app before you enter your login information.

Help Center

To learn more about security best practices check out our Help Center.